

From Sheep to Shawl

2023 Programming with Three Rivers Fibershed



Learn about regenerative agricultural practices on land in the Three Rivers Fibershed

- Attend an on-farm event
- Learn more about TRF with the [Regional Fiber Sourcebook](#)



Source natural fiber and dyes from TRF stewards

- Learn about local, natural fibers with [Fiber Fundamentals](#)
- Find a steward to source fiber or dyes from for your project with our [Steward Directory](#).
- Learn about the shearing process and how it is necessary and good for the animal
- Harvest your own or purchase local natural dyes



Spin and/or dye your fiber

- Attend a spinning or dyeing class
- Learn more about and support [regional fiber mills](#)



Choose a Pattern & Make your shawl

- Attend a fiber night hosted by a TRF Steward
- Take a knitting, crocheting, or weaving class
- Access the Free, [Cat's Paw Shawl Pattern](#)



To learn more about From Sheep to Shawl and see a list of upcoming events and classes visit

www.threeriversfibershed.com



Wear, share, and mend your shawl

- Share your shawl on social media [@threeriversfibershed](#) [#fromsheeptoshawl](#) [#soiltoasoilchallenge](#)



Compost & return nutrients to the soil

- Learn more about the negative impacts of the current industrialized textile system through Fibershed's [Soil to Soil Podcast](#) & [Weaving Voices Podcast](#)

